**Chapter 1 - Part I**

**Reading Notes pp. 13-18** (Psychological Perspectives/Psychological Professionals)

**S**urvey - Skim the assigned pages for reading. Pay attention to text features (bold, italics, headings etc.)

**Q**uestion - Write questions for each main heading. That way, you are reading to ***find*** an answer! Luckily, your textbook already has questions that you can use.

**3R's** Read, Recite, Recall/Review - Read and take notes. After you have taken your notes, try to recite out loud what you can remember. Finally, review the notes you took!

Question:

**1.4 What are the basic ideas behind the eight modern perspectives, and what were the important contributions of Skinner, Maslow, and Rogers?**

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| Reading Notes -  Psychodynamic (Freud)  Behavioral (Watson and Skinner)  Humanistic (Maslow and Rogers)  Cognitive  Sociocultural  Biological |

**Question 1.5 How does a psychologist differ from a psychiatrist, and what are the other types of professionals who work in the various areas of psychology?**

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| Reading Notes -   * Psychologist   Subfields of Psychology (pie chart)   * Psychiatrist * Psychiatric social worker * Basic research * Applied research   Industrial/organizational psychology |
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