***Steps in Classical Conditioning***

1. Tactless Tom yells at Emotional Eddie[[1]](#footnote-1). As a result, Eddie’s blood pressure rises automatically. The next time Eddie sees Tom, Eddie’s blood pressure rises.

(N) \_\_\_\_\_\_\_\_\_\_\_ + (UCS) \_\_\_\_\_\_\_\_\_\_\_\_ (UCR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (CS) \_\_\_\_\_\_\_\_\_\_\_\_ (CR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. ![MC900417474[1]]()Two freshmen want to get a horse to involuntarily “go wild”—or have the horse’s heart race—every time the horse hears “whoa.” The freshmen will kick the horse in order to train him.[[2]](#footnote-2)

(N) \_\_\_\_\_\_\_\_\_\_\_ + (UCS) \_\_\_\_\_\_\_\_\_\_\_\_ (UCR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (CS) \_\_\_\_\_\_\_\_\_\_\_\_ (CR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. The same practical jokers, recovering from horse-inflicted trauma, decide to pick on smaller animals. Accordingly, they want to make a dog afraid of a cat by spraying water on the dog every time he sees a cat. (The dog greatly dislikes being sprayed.)

(N) \_\_\_\_\_\_\_\_\_\_\_ + (UCS) \_\_\_\_\_\_\_\_\_\_\_\_(UCR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (CS) \_\_\_\_\_\_\_\_\_\_\_\_(CR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Juanita and her father baked bread every Saturday afternoon, an activity that Juanita always enjoyed. When Juanita grew older, she fondly remembered those times whenever she smelled bread baking, and would often smile and laugh. Her friends did not enjoy going to Panera with her.

(N) \_\_\_\_\_\_\_\_\_\_\_ + (UCS) \_\_\_\_\_\_\_\_\_\_\_\_ (UCR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (CS) \_\_\_\_\_\_\_\_\_\_\_\_ (CR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. The nurse says, “Now this won’t hurt a bit!” just before stabbing you with a needle. The next time you hear, “This won’t hurt!” you cringe in fear.

(N) \_\_\_\_\_\_\_\_\_\_\_ + (UCS) \_\_\_\_\_\_\_\_\_\_\_\_ (UCR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (CS) \_\_\_\_\_\_\_\_\_\_\_\_ (CR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. A high school student is mocked while “flying” a broomstick during a muggle Quidditch match. Now whenever he sees a broomstick, he becomes embarrassed and blushes. He still enjoys Swiffers and dustmops, however.

(N) \_\_\_\_\_\_\_\_\_\_\_ + (UCS) \_\_\_\_\_\_\_\_\_\_\_\_ (UCR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (CS) \_\_\_\_\_\_\_\_\_\_\_\_ (CR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_



1. Jacob’s date was wearing a very alluring perfume on their recent date. The date itself was quite passionate. The following day, when Jacob gets into his car, he smells the lingering scent of his date’s perfume and becomes transfixed with joy[[3]](#footnote-3).

Get it? They’re dates! Hee!

(N) \_\_\_\_\_\_\_\_\_\_\_ + (UCS) \_\_\_\_\_\_\_\_\_\_\_\_ (UCR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (CS) \_\_\_\_\_\_\_\_\_\_\_\_ (CR) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. You know, from the lesser-known emotionally troubled Muppet® family. See also: Angry Agnes, Mopey Maggie, Punchin’ Pat. [↑](#footnote-ref-1)
2. The horse will kick the freshmen in order to train them. [↑](#footnote-ref-2)
3. Heart pounding [↑](#footnote-ref-3)